1. Hold puzzle as shown in Figure 1. One hand should be slightly higher than the other (approx. 45 degrees). Enough outward pressure should be exerted to keep the puzzle taut. The heart should be diagonally across the small rings. The puzzle must begin as shown in Figure 1.

2. Move only your top hand for Figure 2. Your lower hand should not move. Twist your hand away from you and downward (at the same time), allowing the heart to enter the center of the puzzle as shown in Figure 2.

3. Completing the twisting motion will result in the puzzle looking as in Figure 3. The ring can be removed at this point. Before removing the heart, look at the puzzle and note that it is in the shape of a W. Also notice that it was not necessary to touch the heart to get it to the center of the W.

REASSEMBLY: Turn these instructions upside down.